

Delivering for Remote and Rural Healthcare

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Remote and Rural Workstream

Making it Work 3 Conference
13th May 2008

Background



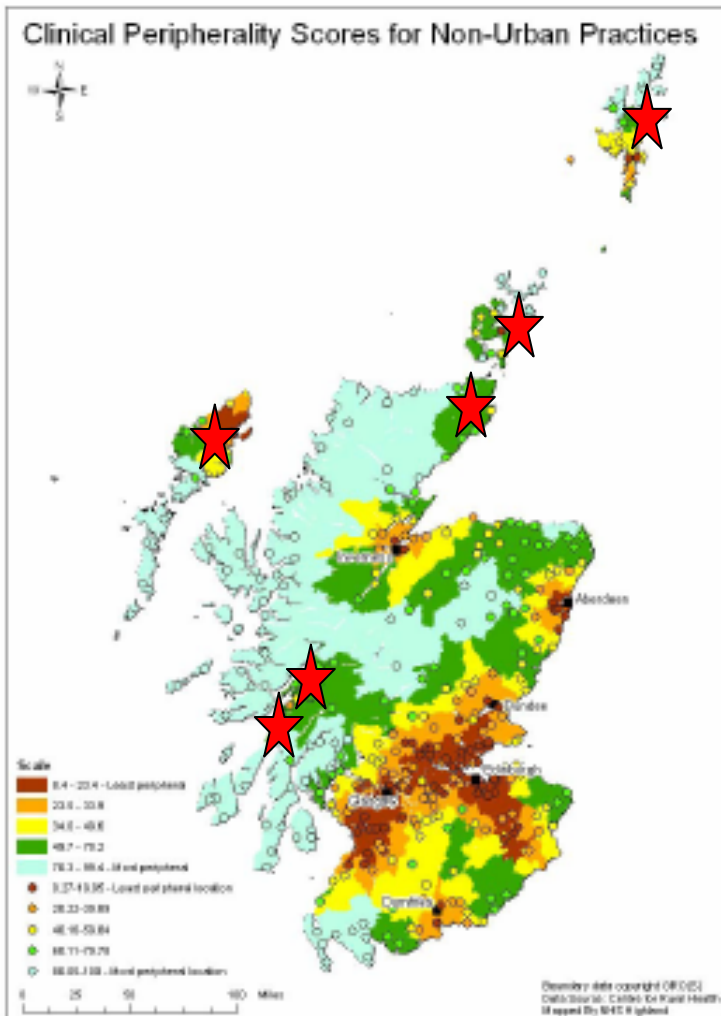
- 2004: Rural Access Sub-group established
- May 2005: National Framework for Service Change (Kerr)
- Nov 2005: Delivering for Health
- Dec 2005: Remote & Rural Steering Group
- Nov 2007: Final Report of R&RSG to Cabinet Secretary
- Dec 2007: Better Health, Better Care
- Apr 2008: Remote & Rural Implementation Group

Delivering for Health – Proposed outcomes

- Maximise role of local healthcare services
- Primary care teams taking on extended roles
- Local practices working collaboratively to provide a range of services for local populations
- Community Hospitals – key resource if services refocused
- Rural General Hospitals networked teaching hospitals providing suite of core services which reflects health care needs of Remote & rural communities (p60)

R&R Scotland

Map 2. Clinical Peripherality Score for Non Urban Practices



- Clinical Peripherality Index
- 6 RGH
- One fifth population
- More than half land-mass

Challenges

Aims

- Policy Framework
- Sustainable services
- Standardisation & Consistency
- High quality care, as local as possible
- Needs based Service Model
- Obligatory Networks
- Attract and Retain workforce
- Appropriate Training pathways

Issues

- Fragility of current model
- Passionate but opposing views
- Uncoordinated & fragmented care
- Variation between centres
- Bigger centres: limited & uncoordinated support – if at all
- Career limiting perceptions
- Aging Workforce
- No R&R specific training programmes

The R&R Project



Remote & Rural Steering Group

Rural General
Hospitals

Primary Care
Framework

Rural Education
Strategy

EMRS

Rural Training
Pathway

Process

- Consultative approach (+400 people)
- 30+ Focus groups
 - RGH
 - Remote primary care
- Consensus building
 - Events: RGH, Remote Primary Care, Education
- Needs Assessment
- Interim Report & Board consultation
 - All Rural Boards, RPGs, SAS
- Final Report

Needs Assessment

Multi-method study to validate the emerging model:

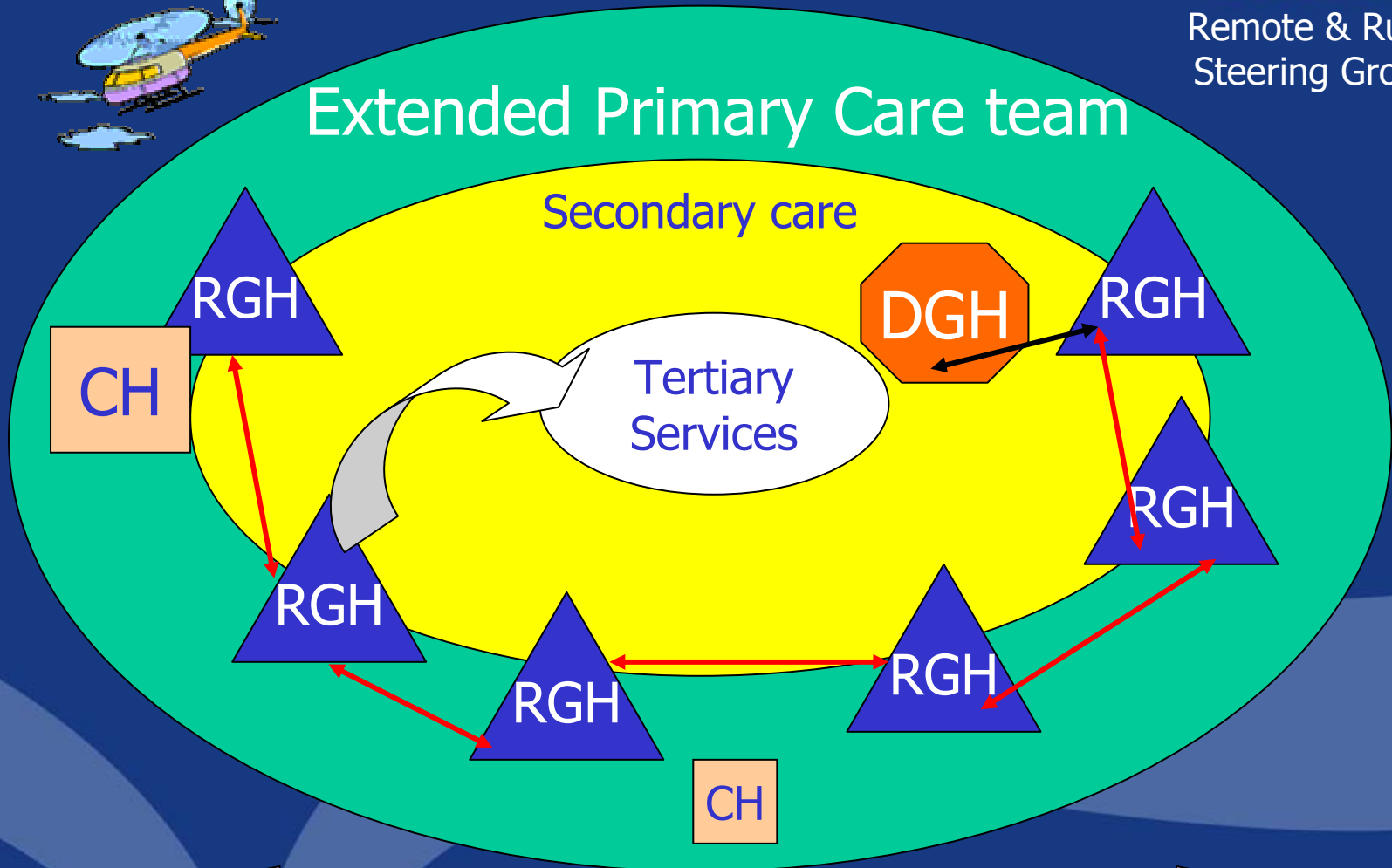
- Cancer
- Chronic Disease
- Care of the Elderly
- Rural Paediatrics
- Surgery
- Maternity Services
- Mental Health

Health Needs Evidence for:

- Ambulatory paediatric services
- RGH treatment of mental illness
- Surgery
- Maternity services
- Diagnostics
- Telemedicine

Our Vision

Model of Care



Standards & Formal Networks

Primary Care Framework Model



SCOTLAND

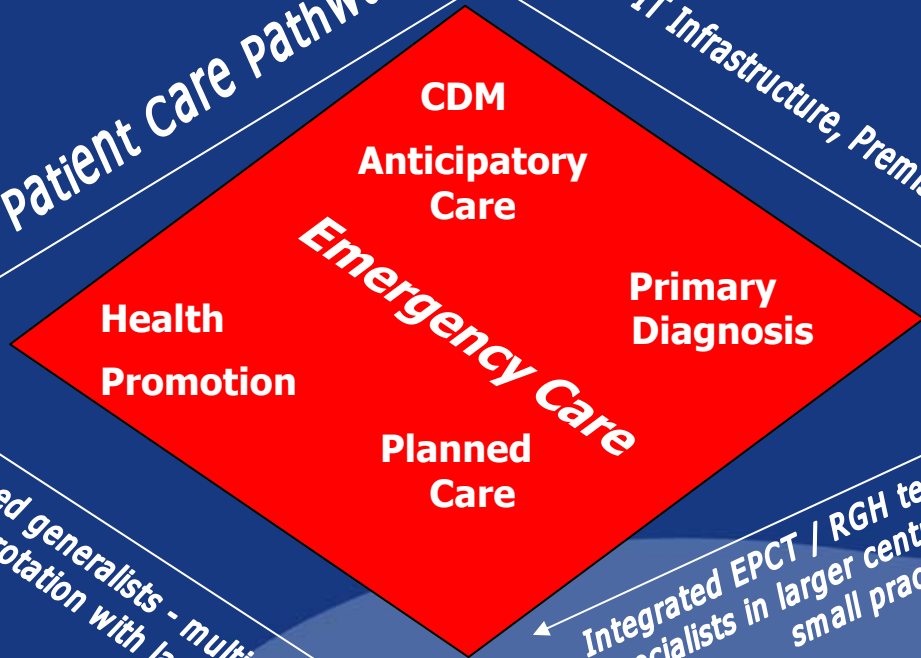
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SUPPORT NETWORKS

WORKFORCE

Robust Patient care pathways

Good IT Infrastructure, Premises and Diagnostics



Robustly trained generalists - multiskilling / role blurring & rotation with larger centres

Integrated EPCT / RGH team networked to Specialists in larger centres & grouping of small practices

INFRASTRUCTURE

COMMUNITY RESILIENCE

RGH Definition

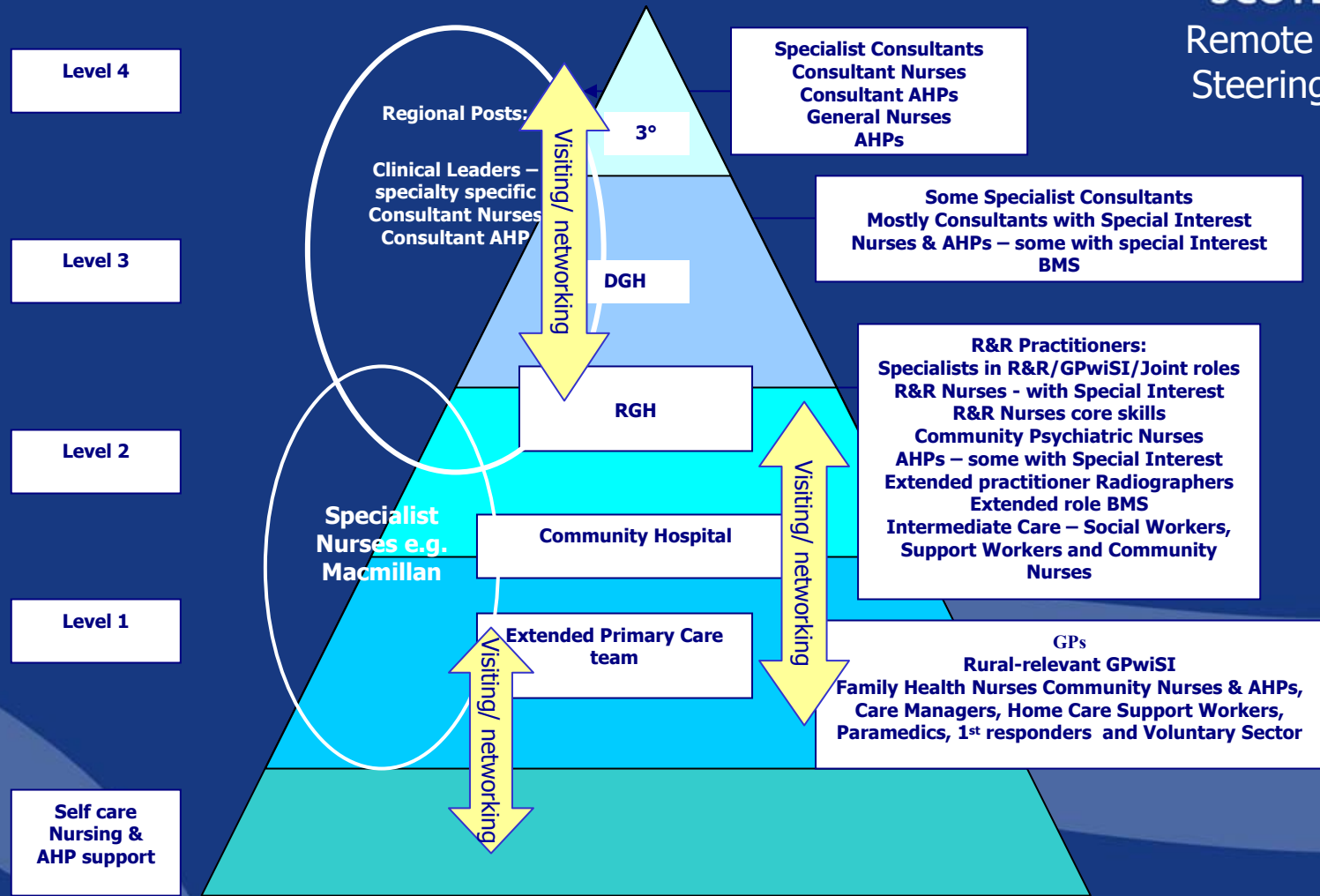


The RGH undertakes the management of acute medical, surgical emergencies and is the emergency centre for the community, including the place of safety for mental health emergencies. It is characterised by more advanced level of diagnostic services than a Community Hospital and will provide a range of outpatient, day case, in-patient and rehabilitation services'.

Staffing model



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Common Infrastructure



- Education and Training
- Support networks
- Transport
- Quality Assurance/Standards

Networks

- Obligatory, supporting the delivery of service
- Two strategic Objectives:
 - Strategic between Boards
 - Service Support or Service delivery
 - Identify & develop defined links with appropriate specialist centres
- Two Types identified:
 - Lateral
 - Horizontal
- Need to engage with larger centres
- Potential to impact more on the larger centre
 - Named consultants
 - Networked services e.g. labs

So where next....



SCOTLAND

Remote & Rural
Steering Group

- Better Health, Better Care

- CEL (2008 20) Implementation Guidance

- Scottish Government launch of the Report

- NoSPG: Remote and Rural Implementation Group (RRIG)

- Chaired by Chief Executive
- Clinical & Managerial Board representation
- SGHD
- Other regions
- Oversee implementation of national recommendations
- 5 Workstreams:
 - service models & care pathways, emergency response & transport, obligate networks, workforce & education, eHealth & infrastructure
- Hold NHS Boards to account for Boards

- Report to SGHD