

Shifting the Balance of Care

Dr Francis Tierney, GP Benbecula, Western
Isles, Mrs Fiona Grant, Remote and Rural
Programme Manager

Making it Work Conference
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Delivering for Health

“Develop a framework of generic principles of service delivery for primary care in remote settings”

- Maximise role of local healthcare services
- Primary care teams taking on extended roles
- Local practices working collaboratively to provide a range of services for local populations
- Community Hospitals – key resource if services refocused

MODEL – Primary Care Framework



SUPPORT NETWORKS

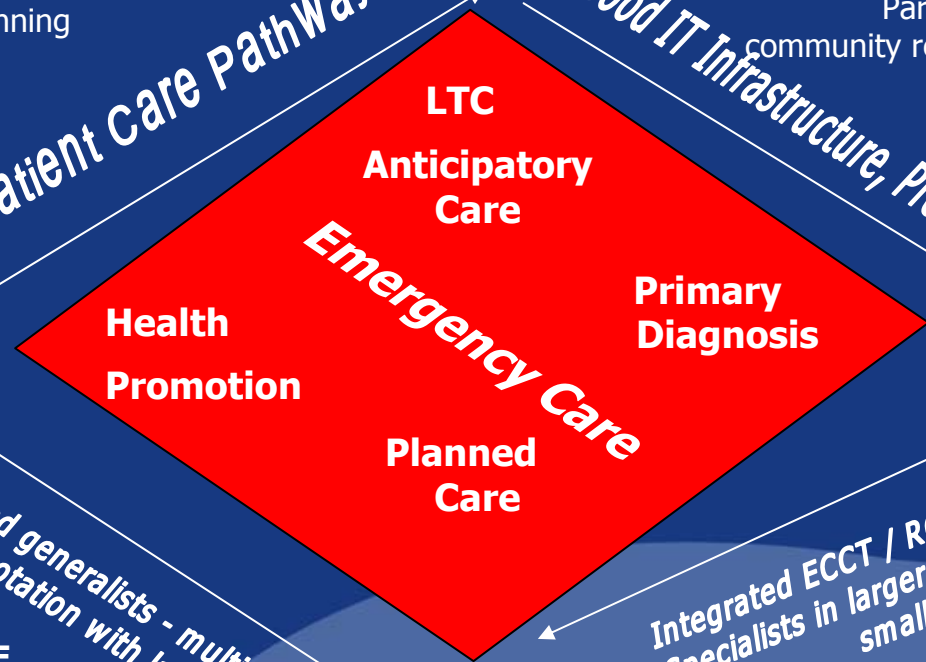
- Named responsible specialists
- Twinning of single/small practices
- Integration with RGH/Community Hospitals, Intermediate Care
- Integrated Strategic Planning

WORKFORCE

- Multi-skilled Generalists
- Rotations with larger centres
- Education
- ↑ Distance learning
- Rural fellows, Nurse practitioners
- Paramedics
- community resilience

Robust Patient Care Pathways

Good IT Infrastructure, Premises and Diagnostics



Robustly trained generalists - multiskilling / role blurring & rotation with larger centres

Integrated ECCT / RGH team networked to Specialists in larger centres & grouping of small practices

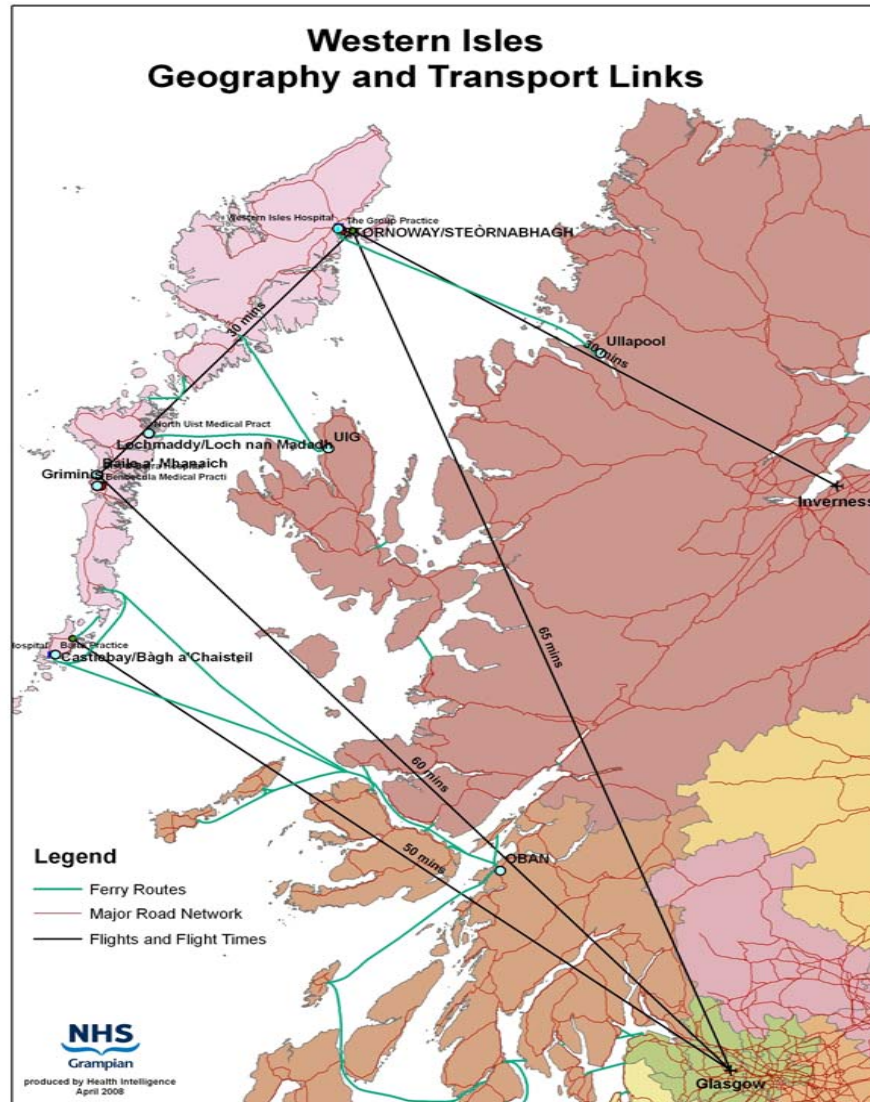
INFRASTRUCTURE

- Integrated Transport Systems
- IT – Broadband, local & networked
- Diagnostics (labs & imaging)
- E-health Solutions
- Telemedicine/Telemetry

COMMUNITY RESILIENCE

- Self Care
- NHS 24
- Anticipatory Care
- Emergency Response
- Retrieval Teams/Transfer

Geography and Travel Times



Shifting the Balance of Care Audit



Objectives:

- Test framework for remote primary care
- Provide evidence to underpin increased local care provision

Methodology

- Practice Selection
- Consent and Approval
- Data Collection
- Categorisation of Referrals
- Analysis of appropriateness
- Contextual Factors
- Results
- Conclusions

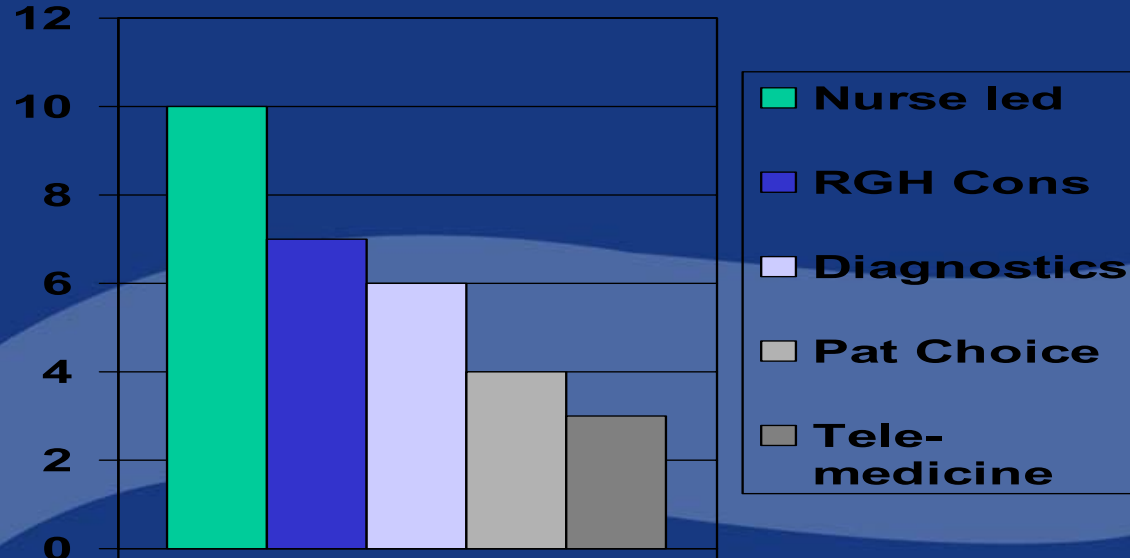
Results - Stornoway



- No of patients analysed = 48
- 100% Appropriate
 - Why?
 - What about follow ups?
 - Use of technology

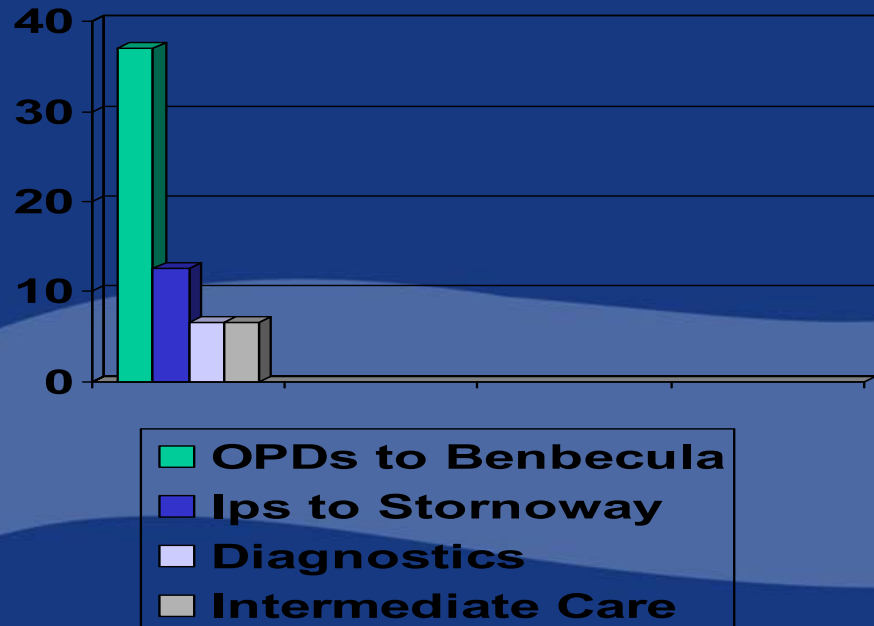
Benbecula and North Uist Results

- Number of patients Analysed = 197
- 70% Appropriate
- 30% Inappropriate



Barra - Results

- No of patients analysed = 113
- 100% Appropriate ,BUT.....



Discussion

- Increased
 - Consultant Outreach Clinics
 - Specialist Nurse/AHP Provision
 - Pre-referral Investigations Locally
 - Use of Telemedicine
 - Provision of Diagnostics in Primary Care
 - Intermediate Care Provision
 - Local Chemotherapy Provision

Discussion

- Reduced Routine Follow-up Visits
- Re-organisation of Radiotherapy Provision
- Expanded Role of General Practitioners